



Useful Info

<u>southrepps.online</u> website is full of information on our village. You can find out the latest news on what's going on in the village.

Group	Tel
St James Church	833790
Rector	033770
Parish Council	
Elaine Pugh - Clerk to the Council	01692 402998
Southrepps Chorale	
Steve Richards	07790 774405
Ro Curtis	
Bowls Club	01263 833657
David Gallop	07850463387
Village Hall	
Shelley	07920 583773
Horticultural Show	834242
Carol Needham	034242
Commons Trust	833001
John Houlgate	033001
200 Club	
Shelley	07920 583773
Southrepps Society	
Marion Hilson - President	833327
Carol Needham - Secretary	834242
British Legion	
Malcolm Hilson - Secretary	833327
Mardler Editor	
Shelley	07920 583773

РНОТО ВҮ:

STEPHEN WOODHOUSE

POSTED ON FACEBOOK

The Mardler is produced by the Southrepps Support Scheme.

We are grateful to the contributors and those who deliver the Mardler to all the residents.

If you have a story to tell or want to feature in the next edition, compile a puzzle, or perhaps you write poetry, then please contact us and we can discuss further.

Shelley - Tel: 07920 583773 Email: michele.dickinson@icloud.com

Chairman's Corner

Water, water, everywhere......does anyone know why water was allowed to run outside the shop for weeks? Was it a pressure issue? Surely not for a part?

There have also been a run of leakages that I know of – some incidents down Long Lane, one of which to my surprise and embarrassment was on the public side of the Chestnuts stop cock, the Bowls Club pipe burst (at least we now know where it is), and just the other day there was another flood at the Village Hall. The latter two are private extensions from the mains, but leaks nevertheless.

No surprise then that we too seem part of the national water company scandal, shown for years to have plundered profits over investment. I read somewhere that some 3 billion litres of water are lost to leaks every day (a quarter of total consumption). The good water news is the welcome supply to the allotments, which makes a huge difference and is well worth the increased rent.



Acupuncture, Acupressure Bach Flower Remedies

Tel: 01263 833814 Mobile: 07549 928472 Email: cath@catherineesworthy.co.uk www.catherineesworthy.co.uk

Cromer · Holt · Southrepps

We have downsized; thanks to our friendly buyers for sticking with us, to a really good local removal company, and to our helpful sellers. We loved Chestnuts for 23 years, but we are at home in our new abode, still in this lovely village, and amongst friends.

Malcolm Hilson

The Bartram Memorial Trust (Southrepps)

There has for long been a feeling in the village that St James' Church is well provided for by a generous legacy from the late Judith Bartram in the early 90's. For 30 years it has been in that privileged position. It is a wonderful building and is treasured by the village. It is expensive to keep in good order and the invested Trust fund is diminishing to the point where it now seems sensible to draw the situation to village attention.

Grants are very hard to come by since Heritage funds are now denied to churches. The C of E does not provide funds for church maintenance. There continues to be expensive essential repair work to be done. The Trust does still have funds, but is not as flush as it once was.

Southrepps Parish Council

CAR PARKING AT THE VILLAGE HALL

The car park is owned by the Parish Council and is for the use of the VILLAGE HALL and Southrepps residents only. We have recently had to install a notice at the car parking area to remind users of this.

We have had one person who lives external to the village leaving non mot'd and untaxed vehicles at the location and refusing to move them since May 2024. This deprives regular hirers of the hall of parking spaces and also hinders our disabled users and deters potential Village Hall users.

20 MPH ZONE

The Council were extremely pleased that the scheme was finally accepted by Highways after a 5-6 year struggle to be implemented. There were issues with the build-outs which were eventually revised and we hope that this will assist with slowing vehicles down within the village. We did try to extend the limit through Clipped Hedge Lane but we were informed that it did not meet the criteria. A plan of the scheme is on the Council's website.

PLAYING FIELD

PLAY EQUIPMENT

We are aware of a number of concerns which have arisen with the play area and equipment. The units are checked regularly. However, it would seem that unnecessary damage is occurring – to continually repair items costs the Parish Council money which impacts the precept the Council levies on Southrepps residents. If you do see something which causes concern, please contact the Council directly and attach a photo – it really does help, and we will carry out a repair or close the unit off.

DOG BAG DISPENSER

As a gesture of goodwill and to help with the fouling problems on the playing field, the Council has installed a bag dispenser to assist residents should they forget their own bags. This system should only be used in an emergency situation. It has been notified that bags are being taken in handfuls - if the over use of the dog bags continues this unit may be have to be removed – usage is monitored regularly.

PERIMETER FENCE AND ENCLOSURE TO TODDLER AREA

Members have agreed to replace the decaying fence and install a new picket fence to enclose the areas.

The current fence has been in situ for over 14 years and is beyond its expected lifespan. Three quotations were obtained and the work will be scheduled to commence in the latter part of the autumn months.

PERCHING BENCHES

These were recently installed and we hope that they are a helpful addition when users need to take a break when walking around the playing field.

GENERAL

We have agreed to install an additional matching bench at the Green, Long Lane to enable users to sit and wait for a bus. A license has to be authorised from Highways as this land belongs to NCC not the Parish Council.

The Council is working with the Bowls Club to upgrade their electricity supply. We are also engaging with Highways to improve the drainage along the footpath which leads to the play area.

Members have agreed to adopt the amenity grass cutting within selected locations in the village, and have asked Highways to supply the locations for assessment. This would mean more control/management on the cutting regime for those areas.

SOUTHREPPS IS A CONSERVATION AREA

The Council does monitor all planning applications and is keen to ensure that Planning Protocol is followed and adhered to. We have had a number of issues within the Conservation Area where this has not been the case and have recently met the Director of Planning at NNDC to discuss these concerns. Conservation areas are tightly controlled to ensure development is in keeping with the protected status.

LOWER SOUTHREPPS

The noticeboard has been installed and sits well in its position.

GLASS BOTTLE BANK INCOME

Please put all glass into the bottle banks located at the playing field and opposite the school. We understand it is an extra effort, but every bottle contributes funds to your community. Thank you to all who do.

COMMUNITY CONNECTORS – CORALLIE MARTIN – NNDC

Telephone 01263 516131 or 07989 730268

There are a team of Community Connectors who provide help, offer guidance and advice to local residents. They support local community groups and are able to point people to access services. There are at least 72 people behind the scenes who will help residents complete forms and help with claiming their benefits, together with access to foodbanks and other services. This will enable residents to access all the free services available to meet their individual needs. There is also a North Norfolk Healthy Ageing Programme whereby older residents can access preferential terms to their local sports provider.

If you have any other ideas that you consider the Council could develop please do let us know.

The Council now has its separate website: southreppspc.wix.com which is linked to www.southrepps.info.

SOUTHREPPS PARISH COUNCIL MEMBERS

Lesley Sparrow – Chair, Roger Swift – Vice Chair,

Louise Marriner,

Chris Shaw,

Graham McCabe,

Louis de Soissons,

Fiona Hall

Clerk to Council – Elaine Pugh

Telephone: 01692 402998

Email:Clerk.Southrepps@gmail.com





So... is a support group charity supporting those living with early onset dementia and their carer partners.

I would like to thank everyone who has supported us during the last 12 months and especially Betty and Carol for turning up each week to supply us with copious amounts of tea and coffee.

During 2024 the support group has gained new members and keeps providing help and assistance to people recently diagnosed with early onset or the early stages of dementia. We have also started a new support group in Caister on Sea for people in the Great Yarmouth area and this is going from strength to strength.

Although more people have died from dementia than any other disease in the UK over the last 10 years, it is still under funded through the NHS. This is the reason that at present there is a 9 month waiting list for referrals from your GP to memory clinics, Charities like ourselves have to fill the gaps left by the NHS and a more positive attitude towards dementia is needed. Although there is no cure for any form of dementia, there are some drugs prescribed and being developed that can slow down the rate, especially for Alzheimer's disease. Our support groups, besides giving practical help and advice, like to project a positive attitude and wellbeing.

Also, in the last 12 months Lorraine and myself have been to 10 Downing Street as part of the Dame Barbara Windsor Mission. This is to do with research into things such as drug trials and blood tests to try and screen for dementia. Also I recently co hosted a conference held by the Alzheimer's Society in Norwich, highlighting the problems and differences in being assessed and getting assessments to see if you have dementia. This was a great success with over 200 professionals attending.

Again, I'd like to thank everyone who has helped us in the last 12 months and hope to see you all at our Christmas Craft Fayre on the 8th of December at the Village Hall.

If anyone would like any further information about any of the above, please get in touch by either email dirckgeary@sodotdotdot.org.uk or phone 01263 833397.



GIVE AND TAKE SHOP

Ruggs Hall - St James Church Southrepps

We look forward to seeing you for a cuppa and a chat

On 1st Wednesday of the month between 10-12pm

We provide all sorts of toiletries for all the family including baby products, various household products and non perishable food items to choose from.

Any donations gratefully received.

Look forward to seeing you

Bet, Jayne, Betty and Pam



Southrepps Society

The Society has had another successful year with several new members and a wide range of speakers.

Since our last Mardler report, we have had an enjoyable Bring and Share Christmas Supper in December 2023 with our usual quiz.

In January Keith Hobday, Manager of the Belfry Centre in Overstrand told us about the history of the old Belfry School, now the Centre and about all the activities that take place there.

The AGM took place in February as usual with our popular Soup and Pudding supper. March was a busy month with a working party tidying up the old Chapel Yard which belongs to the Society. Later in the month 20 volunteers carried out the annual Litter Pick throughout the village with excellent refreshments in the Village Hall. Our long awaited Archaeology report recording the field walking in the village was published. At 500 pages long, it is a comprehensive study. Our speaker for March was Ian Hinton who explained how to date old houses.

In April, we welcomed back author and broadcaster Pete Goodrum who spoke about the history of the Norfolk Broads. At the end of April, 16 members had a tour of Norwich's Hidden Street which lies under Castle Meadow. For our May meeting, we have the first walk of the year. Unfortunately the weather was awful so only a few members had a walk in Sheringham Park but were joined by other members for a drink in the Vernon Arms! 34 members attended the annual Barbecue in June.

In June 20 members enjoyed a walk around Northrepps on a lovely

evening.

The Society staged a small exhibition of Southrepps Then and Now photos with some interesting archaeological finds at the Horticultural show at the end of July.

For our first autumn meeting Simon Harrap from Natural Surroundings in Holt gave a very interesting talk on Wild Flowers in the garden. In October Johna Davies and David Waterhouse will be talking about the Deep History Coast. In November Brenda Stibbons will be talking about her new book on the history of Cromer Hospital.

Visitors are always welcome. There are posters in the shop and on Warren Road notice board for every meeting.

We now have our own website – southreppshistory.org.uk.

Carol Needham - secretary

Tel: 834242





SOUTHREPPS VILLAGE HALL

REGISTERED CHARITY NUMBER: 278536

David Pemberton - Chairman

Village Hall: A Hub of Activity and Community Spirit

This year has been incredibly busy for our village hall, hosting a diverse range of events from children's birthday parties and Indian festival celebrations to Dark Sky Festivals. The hall truly serves as a vibrant community space, catering to various needs and interests.

We are proud to host regular bookings, including LAMs, the MS Society Group, So... Charity supporting individuals with dementia, dance classes for young people, Pilates sessions, the Ukulele Club, and our local history hub. Additionally, the hall serves as a meeting place for parish councils, fostering community engagement and collaboration.

As Christmas approaches, our hall becomes a hive of activity with craft fairs and wreath-making classes, bringing everyone together to celebrate the festive season.

The committee behind the village hall is made up of a dedicated team of volunteers and I wanted to thank them all for their time in keeping our busy village hall ticking.

We meet roughly once every eight weeks to ensure the hall is cared for, but stay in touch through email. If you are interested in offering your support, please contact our secretary via email for further information.

LOOKING AHEAD

We are excited to announce plans for a much-needed spruce-up of the main hall next year. We are currently seeking grants to replace the outside decking areas, ensuring our hall remains a welcoming space for all.

WEBSITE

Our website holds lots of information on the hall and you can view our live calendar to check availability. If you wish to book complete an enquiry form.

Follow us on Facebook or subscribe to the village website for regular emails of events and news.

Thank you for your continuing support.

Finally, I hope you all have a very Merry Christmas and wish you all the best for the New Year.

David

CONTACT southreppsvillagehall@gmail.com

07920 583773

southrepps.online/villagehall

www.southrepps.online



@southreppscommunity@southreppschorale@southreppsvillagehall



@southreppsvillage

St. James Church

Services 2024 in St. James Church, Southrepps

Remembrance Sun 10th Nov at 10.45am.

Carol Service with Southrepps Chorale -Wed 18th Dec at 6.30pm.

Crib Service -Christmas Eve at 4pm. Cash collection for donation to the Children's Society.

Christmas Day Service with Holy Communion at 9.30am

Everyone Welcome.

Please check notice board in Church Porch for further information.

Over the last few months work has taken place on the south chancel wall.

Water was getting into the church

and plaster was steadily falling off the wall inside the chancel. The builders found and repaired areas where the water was getting in. A section of guttering also needed replacing so once the new piece arrived it was installed and the scaffolding was removed. The wall inside the church now has to be left to dry out and finally it will be replastered. The Bartrum Trust has set aside some money and is able to finance these works but that might not always be the case in the future.

Colin Browne has also organised working parties in the church and churchyard. The church was

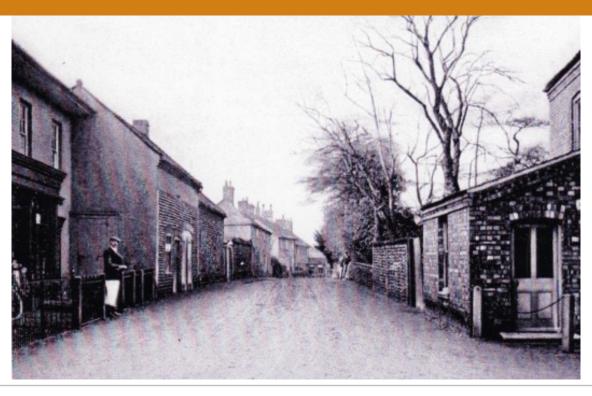
given a good clean and the pathways were edged and tidied for the Music Festival. In other sessions the flint boundary wall was cleared of ivy and other plants, the wildlife areas were cut and the clippings removed and the Garden of Remembrance was tidied up.

Anna De Soissons and Carol Needham organised a very successful quiz and supper night in the Vernon Arms and are planning to do some more fundraising for the church.

We are very lucky to have such a beautiful church in the village but it also requires a lot of care and attention. If anyone would like to help with fundraising or working parties in the churchyard please get in touch with Carol Shaw on 01263 833009 or email cmsmeadow@gmail.com



A welcome awaits you at the Southrepps History Hub Website



Linking generations across the community through collecting, preserving and sharing information and memories about our history and heritage

Linking generations across the community through collecting, preserving and sharing information and memories about our history and heritage

The website gives everyone easy access to the to the Southrepps Society's archive. There are posted articles, photographs and transcribed interviews with former residents

The website is also a gateway to a detailed biography of many hundreds of Southrepps men and women who served in the First World War. This is an ongoing project headed up by Chris Shaw.

Currently the History Hub has a new ambition to record the history of all the houses in the village, old and new, so take a look at the website and send us a picture and any information you have about your house. We have lots of tools to assist you in the archive including old maps and census records, land sale records and Deeds. You can make contact directly via the website or come along to The History Hub which meets at

the Village Hall from 2pm till 4pm on the second Thursday of each month.

The archive and website thrive on fresh input from all generations of Southrepps people, young and old, past and present. Comments on the website content are most welcome as are contributions of facts, photos and personal anecdotes of lives lived in this village.

There is still lots to do and volunteers are needed to help with research, writing material and curating the archive. To join the group, contact us via the site.

PS Does anyone remember Mr "Wales/Wells" who served and was seriously disabled in WW1 and lived in Southrepps certainly after WW2 with his sister Florrie. Other than that, we have no information about his military service or later life and he is currently not recorded in the archive.

PPS remember our motto: "Today is Tomorrows' History"



Thank you to those who contributed to our Poppy Appeal boxes in the Vernon Arms and the Shop.

The Branch took part in the North Repps Armed Forces Day event in June.

The Remembrance Day Service at St James Church this year will be at 1045 am on Sunday 10 November. A short Armistice Day Service will be held at the War Memorial at 1050 am on Monday 11 November.

The Branch AGM will be held at 7pm on Monday 18 November, at 6 Sandy Lane.

Malcolm Hilson, Branch Secretary.



Malcolm Hilson - 01263 833327

Lower Southrepps Social Club



Looking for a friendly place to unwind?

The Lower Southrepps Social Club offers a spacious clubroom, complete with a full-size snooker table for members to enjoy. Every Tuesday, join us for indoor bowls from 2pm to 5pm—perfect for a relaxed afternoon of fun.

Membership is just £5 per year, renewed in January, giving you access to all our facilities.
Please note, parking is limited in

the small car park opposite the club. Come along and see what we're all about!

Location Lower Soutrhepps Social club NR11 8UL What3words:// episode.recliner.simulates Rear of The Willows

Contact
Jeff & Maureen Millington
01263 834128
07518 805143
Jeffmo5@btinternet.com

Southrepps Commons

Although the bulk of the work for the Norfolk Wildlife Trust (NWT) by the Southrepps Commons Volunteers is carried out on the 'main' common, Pit and School Commons also get a lot of attention. Soon after our Mardler piece for last winter was written we convened at Pit Common for a major work session. The wildflower areas had been recently mown, along with the just grassy parts, and all the 'arisings' from that had to be raked off. While some volunteers were doing that, others were kept busy cutting back the encroaching scrub, including that along the path leading up from the Pit. (It's interesting to note that last year there had already been enough rain to begin to refill the pond. Perhaps our recent downpours will have had the same effect by the time this is published.) At the same time, the vegetation alongside the road was cut, and the gullies allowing rain water coursing down Pit Street to find its way into the pond were also cleared. Fast forward to this year, and much the same thing happened again in mid-September.

Further work follows through the autumn, cutting back the trees that threaten to block the boardwalk and tidying up School Meadow (part of School Common) and its picnic area. Then it's December and work resumes on the reedbeds. We generally only have one session in that month, but once again, last year it was done in very

wet conditions. The Common acts as a massive sponge, for which we Southrepps folk must be very grateful.

By mid-February our NWT warden declared the work finished for the season. The final session included some muchneeded cutting back of encroaching scrub at the Lower Street car park.

Himalayan Balsam is undoubtedly pretty, but it is also a very invasive non-native plant that due to its lack of predators spreads uncontrollably alongside watercourses if it is left unchecked, outcompeting all the other vegetation. A major part of our role is to control it as much as possible. It's unlikely that we can ever completely eliminate it, but with vigilance and the willingness to pull it up in often quite challenging conditions through spring and summer, we do feel we're just about holding it at bay.

August marks the return of full-on work parties, concentrating on cutting the grassy and species-rich area between Warren Road and Fox's Beck. This bit is bisected by the boardwalk, and one half is cut one year, with the other dealt with the next. The challenges with this botanically important part are to hold back the spread of Alder trees and reeds, so that the many species of plants and animals found here can continue to thrive.



In 2023 we averaged 15 people per work party, putting in 800 volunteer hours on NWT's behalf. We're always looking for new volunteers. especially those who want to learn to use the equipment. Although most of us are Southrepps residents, we also have people from all points of the compass: at least three volunteers live in Northrepps, and at least one in Trunch. One hails from North America, and we have hopes of one from South Africa. Since the previous issue of The Mardler we have been delighted to welcome two new members – but there's plenty of room for more! You can contact us on email via scommonsvolunteers@gmail.com if

For much more detail on our activities, our blog at https:// southreppscommonsvolunteers.blog spot.com/ provides a light-hearted and profusely illustrated account of each working party. Why not take a look? While you're on the Internet. also check out the page about the history of the commons on the recently launched Southrepps History Hub website at https:// southreppshistory.org.uk/places/ southrepps-commons/. There's lots of other fascinating information there too, and the means for you to add more, so it's well worth exploring in depth.

you fancy joining us.





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Southrepps Chorale is our village's community choir, where the enjoyment and learning experiences derived from singing together are the most important factors.

About 50 local singers take part in the rehearsals each Tuesday evening in the Village Hall, led by Stephen Richards and accompanied by our professional accompanist Cathy Al-Bay. We sing in four-part harmony, and we cover the widest possible variety of musical styles and repertoire from the 16th century to the present day. We sing madrigals, classical, jazz and pop, music for church, the concert platform and the musical stage. We have performed carols in the woods alongside the Primary School. We have hosted gospel workshops for the wider community.

We maintain a close relationship with the beautiful church of St. James Southrepps and perform as a choir in some key village events such as Remembrance Sunday and at the annual Carol Service, on Wednesday 18th December 2024 at 6.30pm.

Stephen founded the Southrepps Chorale in 2011 but soon, following relocation, he will be retiring from the role. Well-known local choir director Ro Curtis is taking up the reins on a temporary basis from January 2025, and a new permanent Musical Director will take over later in the year.

As we look back over an exciting 13 years, we see that we have come a long way, and that many members have been taken much further into live music making than they could ever have dreamt of. We have performed on Cromer Pier, in London and in many churches in North Norfolk, and St. Peter Mancroft and the RC Cathedral in Norwich.



Major musical works learnt and performed in that period include:

Ceremony of Carols (Benjamin Britten)

Requiem (Gabriel Fauré)

Snow Angel (Sarah Quartel)

The Armed Man and The Peacemakers (Sir Karl Jenkins)

You Raise Me Up (Josh Groban) – flashmob in Morrisons, Cromer.

Requiem (Sir John Rutter)

The Bravest Man (Douglas Coombes and Paul Rosier), a Southrepps Chorale commission

The Nightingale (Geoff Cummings-Knight), a Southrepps Chorale commission

Captain Noah (Joseph Horovitz and Michael Flanders)

Songs of Peace (Will Todd)

Fantasia on British Sea Songs (Sir Henry Wood)

Funeral Music for Queen Mary (Thomas Purcell)

Choral Dances from Gloriana (Benjamin Britten)

Little Jazz Mass (Bob Chilcott)

Songs and Sonnets (George Shearing)

Feel The Spirit (Sir John Rutter)

Jesu, Joy of Mans Desiring (Bach)

West Side Story (Leonard Bernstein)

Lots of madrigals, folk songs, opera choruses, pop arrangements, tangos, carols and favourite church anthems

Most of the above have been recorded and preserved for posterity and can be listened to on our website.

We have a few vacancies for new members, particularly in the soprano, tenor and bass sections. Previous singing experience and music reading are not required. The most important attributes are a pleasant singing voice, some inbuilt awareness of rhythm (for example you might enjoy dancing), and the desire to learn to develop new skills. If you are interested in joining please get in touch with Stephen.

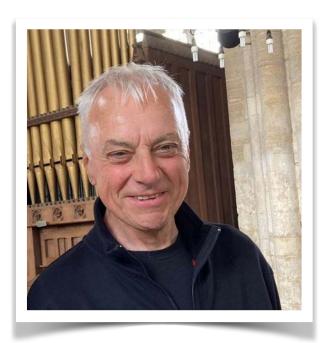
Rehearsals take place on Tuesday evenings from 7.30pm to 9.15pm in Southrepps Village Hall. Subscription fees are £40 per term.

The Chorale is run on a not-for-profit basis by its membership through an elected Chair and Committee.

Concerts winter 2024

'Winter Concert' Saturday 7th
 December at 7.30pm, Trunch Church featuring Benjamin Britten's
 'Ceremony of Carols', and seasonal music for audience participation, accompanied by harp.

'Carol Service' Wednesday 18th December at 6.30pm, Southrepps Church,



Contact: Stephen Richards (Musical Director) 07790 774405.

Email: info@southreppschorale.org.uk www.southreppschorale.org.uk



Horticultural Show

This year's Show was held on 27th July in the Village Hall. We had fewer entries than the previous year, probably due to difficult weather conditions. There was also a small exhibition of old village photographs as well as some interesting archaeological finds from the village. The Show next year will be held on Saturday 26th July.





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Southrepps Christmas

Craft Fayre





Sunday December 8th 10am -2pm



meet Santa
in His Grotto
from 11am
till 1pm



Raising funds for



Supporting younger people with dementia and their carer partners

Craft stalls
Christmas bric-a-brac
Tombola
Tea & Coffee
Bacon & Sausage Buttie

Bacon & Sausage Butties
Home made cakes

Raffle with amazing prizes including:

Microlight flight,

£25 Tesco Gift Voucher,
and much more!



So.. is a Registered Charity in England No. 1201322

Southrepps Village hall



Join National Gas in their mission to tackle loneliness!

If you've ever felt lonely or isolated at christmas time, come down to southrepps village hall for a bit of festive fun, its a chance for you to engage with new people and win some incredible prizes! It is FREE of charge, drinks and snacks will be provided to all. If you are interested please contact violet.rayner@nationalgas.com to reserve your seat!



Southrepps Bowls Club

CONTACT Dave Gollop 01263 833657

Email: djg3mail@gmail.com.





WINTER SEASON

The club not only meets during the summer months. In order for members to continue their friendships, members can meet every Tuesday to enjoy games afternoons which include table tennis, darts, pool, table football and traditional board games etc. Villagers are very welcome to join us and enjoy light refreshments. These sessions are planned to commence from Tuesday 15th October this year.



SUCCESSFUL 2024 SEASON

Bowls Leagues. Southrepps Bowls Club enjoyed a very successful 2024 Season, Not all our members bowl in leagues and many enjoyed a lovely summer of "roll-ups" Tuesday and Sunday afternoons. These sessions are well attended and are a fun way of exercising while enjoying friendly banter. We are looking to welcome NEW MEMBERS this year, so this could be an opportunity to take up a new pastime. It can be seen as a game for the older generation but many clubs have younger members as it is a skill that can

be developed regardless of age or ability.

SOCIAL SUNDAY'S

We hold Social Sundays on the first Sunday of the month. In addition to bowling we include food and drinks afterwards as a great socialising opportunity.

COACHING

We are lucky to have a qualified bowls coach who can help you to develop your skill to enable you to enhance your game and your enjoyment of the game. We would love to show you around the club prior to meeting the members and trying your hand at this great pastime.

HISTORY

The club has been running in Southrepps for approximately 90 years, having started its life in a building almost opposite the Vernon Arms and then relocated to the end of the playing field at the bottom of the lane beside the Village Hall. At times the club has had over 80 members. Historically a large proportion of the members lived in Southrepps. These days many of the members live in the surrounding villages but there are still those who live in the village of Southrepps. The club is very keen to welcome new members from the village as well as surrounding villages.



A "NEWBIES" STORY

My wife and I heard about Southrepps Bowls Club at the start of the 2024 season. We were totally new to bowling and knew no-one at the club but were impressed immediately by the friendly welcome we received. The club is set in a peaceful location and the club members proved to be helpful and supportive. With help from Laurie the club coach we were bowling and feeling among friends in no time.

Geoff and Lynn Cooper

SRB QUIZ NIGHT

January 31st at the Village Hall.

All welcome.

Refreshments, Prizes.

Book your team of 4-6

Email Dave Gollop for details:

djg3mail@gmail.com

LAMS MS Society

WE DESPERATELY NEED MORE **VOLUNTEERS**

A group that has been running for nearly 20 years needs your help. We meet at Southrepps Village Hall every Monday and 10:00 am until 3pm.

The members attend every week and really enjoy seeing and interacting with each other.

As time has passed, we have lost or are losing a number of our volunteers. Can you offer some time and support on a Monday?

Whatever time you have free, would be much appreciated.

Multiple Sclerosis is a progressive neurological condition, which can make life very hard for them.

Please think about it.

If you are able to offer some support with a little of your time on a Monday, please contact Sue Wright on 'mob: 07951 928583.

If you have MS, why not come along and take a look. We are a friendly bunch and would be happy to see you





Sue Wright-07951 928583



Our new venture is a Fish & Chip van once a month on the carpark at around 12.15pm. dates booked so far are 4th November, 2nd December. 2024. Our first one for 2025 is 6th January.

PositiviTea s



Come along, chat & connect

Have a cuppa, chat with people, find out about support and local services. Free refreshments provided!

Upcoming Events

Living Well in Winter Thursday 24th October from 1pm-3pm North Walsham Community Centre, New Road, North Walsham, NR28 9DF

Living Well in Winter

Tuesday 26th November From 2-4pm Church St, Cromer NR27 9HH Cromer

Living Well in Winter Friday 8th November from 10-12pm The Venue, Kerridge Way, Holt, NR25 6DN

Grieving Matters Thursday 5th December From 2-4pm North Walsham Community Centre, New Road, North Walsham, NR28 9DF









After the fantastic success of the 2023 Village Bash. we are looking to repeat this event on 24th August 2025.

Our village fayre is all about community supporting community, and we need your help to make it a success! We're looking for volunteers to assist with both the planning and, most importantly, on the day itself. Key roles include managing stalls, coordinating volunteers, and arranging sponsorships.

On the day, we'd love volunteers to commit a few hours—or ideally, the whole day—to cover activities such as the Information Desk, Bar, Bouncy Castles, and Tombola.

Your support will make a real difference, so please join us in creating an unforgettable day for everyone!





Please get in touch

Dee

d.iones60@hotmail.co.uk WhatsApp 07469 881525.

We look forward to hearing from you.



Southrepps Mini Market

Sells all the essentials you need and is a busy and friendly shop.

Great deals regularly, any questions just ask.

Opening Hours

Monday to Saturday 7am to 7pm Sunday 7am to 1pm







Lorraine Geary Personal Home Care

My Services

- + Respite Care
- Dementia Care
- Elderly Care
- Companionship
- Chaperone Service
- Medication Administration



01263 833355 info@vernonarms.com



We are looking forward to the festive season in the Vernon. Come and enjoy our Christmas menu with family and friends We do advise to book in advance.

If you're looking for a Christmas gift, why not consider giving them one of our Vouchers to enjoy.

Our opening times are still the same except we are closed on Christmas Day and Boxing Day so our team get some well deserved rest.

NEW YEARS EVE

We have the Hilly Billy Goats Gruff New Year.

Thank you for your continued support.

Debbie & Paul Briggs and the whole Team

OPENING HOURS

Monday - Closed Wednesday - 12-11pm

Sunday - 12-9pm

Lunch served 12-2 Tuesday-Sunday

Evening meals served 6-9 Tuesday-Saturday



Cream of oven roasted vegetable soup with a crusty roll and butter 6.95 large 7.95 GFA

> Garlic tiger prawns with crusty bread 8.95 Large 12.50 GFA

Deep fried Brie wedges with cranberry sauce 8.95 Royal Greenland prawns in a Marie-Rose sauce with granary bread and butter 8.95 GFA

Festive Antipasti platter of chestnuts, fig, Stilton, Parma ham and sweet peppers with balsamic dressing and a warm crusty roll 9.95 GFA

Deep fried breaded blanch bait with tartare sauce and granary bread and butter 8.50



Christmas pudding with brandy butter and cream or custard 7.95 GFA

Lemon meringue cheesecake 7.95

Sticky toffee sponge pudding with butterscotch sauce and vanilla ice cream 7.95 GFA

Cranberry and white chocolate bread and butter with

Belgian waffle with chocolate orange ice cream, whipped cream and chocolate sauce 7.95

Brie, Stilton and Cheddar cheese with biscuits, apple and celery 8.95



GFA 2.75 a scoop

Chocolate and orange, vanilla, caramel and honeycomb, mint chocolate chip



GFA 2.95 a scoop Mango and passion fruit, lemon, raspberry



Roast Norfolk turkey, chipolata, chestnut sage and onion stuffing, roast potatoes, seasonal vegetables, gravy and homemade cranberry sauce 17.95 GFA

Vernon Arms 'Black and Tan' beef, Guinness and ale pie with chips and minted mushy peas or fresh vegetables and new potatoes 18.95

Battered cod and chips with homemade minted mushy peas 16.95

Pork steak topped with cranberry and stilton served with fresh vegetables and creamy mashed potato 17.95

Chicken, leek and bacon pie with chips and minted mushy peas or fresh vegetables and new potatoes 18.95 Chilli con carne or vegetable chilli with rice and garlic bread 15.95 GFA

Scampi and chips with homemade minted mushy peas and homemade tartare sauce 16.95

80z Aberdeen Angus sirloin steak 25.95 or venison steak 19.95 served with sautéed mushrooms, griddled tomato and chips GFA

Garlic butter, peppercorn sauce or chimichurri butter 3.50

Oven baked fillet of salmon with a lemon, chive and prawn butter, fresh vegetables and new potatoes 19.95

Vegan spinach and chickpea curry with rice, mango chutney and poppadom 15.95 GFA

Festive nut roast with seasonal vegetables, roast potatoes, Yorkshire pudding and gravy 16.95



GFA served with chips and coleslaw Plain burger - 13.95

The Traditional - with melted cheddar or stilton 15.95 Add bacon 1.95

The festive connection - topped with cranberry sauce and melted Brie 17.95

All our burgers are handmade with British beef Vegan burger option also available



Garlic Bread 3.95 Cheesy garlic bread 5.95 Coleslaw 2.95 Jug of gravy 50p Bowl of chips 4.50 large bowl 5.95 Cheesy chips 6.50 large cheesy chips 7.95

Vegetables 5.95 New potatoes 2.50 Side salad 3.95 Baguette and butter 2.50 Bread and butter 1.50

Please inform a member of staff to any allergies or intolerances you have

GFA = Gluten free or adaptable



Thursday 5th Dec: - Bingo Night -Tackling Loneliness

Southrepps Village Hall - 6:30pm

Sunday 8 Dec: Christmas Craft Fair

Southrepps Village Hall - 10:00am - 4:00pm.

Tuesday 17 Dec: Carols in the Vernon

Vernon Arms - 7:30pm (ish)

Wednesday 18th Dec: Carole Service St James Church, Southrepps at 6.30pm

Thursday 19 Dec: Santa's Christmas Sleigh Ride Through Upper Southrepps approx 5pm – 6:30pm.

Friday 20 Dec: Santa's Christmas Sleigh Ride

Through Lower Street, Southrepps approx 5pm - 6:30pm.

Saturday 21 Dec: Santa's Christmas Carols round the Trees

Lower Street - 5:30pm then The Vernon Arms.6:15pm

Tuesday 24 Dec: Crib Service

St James Church - 4pm Cash collection for donation to the Children's Society

Wednesday 25th Dec: Christmas Day Service

St James Church - 9:30am

