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Chairman's Corner

It has been a good year for acorns! The crows morning raids on the oak tree at the top of our garden started an avalanche. I have delivered six large compost bags to the tip, and filled our brown bin twice with acorns and their cups. Can someone please tell me how those birds digest them?

The latest whinge I hear is less about summer lawn mowers and more about noisy leaf blowers/suckers! Anyone wanting a cardio-vascular workout is welcome to come and rake up the leaves in our garden. I rake and then collect. The powerful machine chops them into thumb size pieces, which I tell myself is next years compost! So much for rewilding!

After 2.5 years we finally succumbed to covid shortly following the very enjoyable classical music festival. Despite having had all four available jabs, we were both a bit poorly. Fortunately there seems to have been no long term side effects. We are now working our way through the consequences of a new hip...hooray!

Regrettably no-one is able to take on the Lunch Club. Other elements of the Support Scheme will be relocated in due course, and we shall run it down. 30 years after its inception, it does seem to have run its useful course.

Malcolm Hilson



The Acorn Fairy

To English folk the mighty oak
Is England's noblest tree;
Its hard-grained wood is strong and good
As English hearts can be.
And would you know how oak-trees grow,
The secret may be told:
You do but need to plant for seed
One acorn in the mould;
For even so, long years ago,
Were born the oaks of old.





Southrepps Society

Since the last edition of the Mardler, the Society has enjoyed a full programme of talks and walks.

In January, Margaret Dowland told us about her research in to the history of Southrepps School and the resulting publication of "A School through Time."

In March Society secretary Carol Needham updated members on the Society History archive which was now housed in the Village Hall. The future of this amenity was discussed.

We finally had a long postponed most interesting talk in April on "The Cromer Shoal Chalk Bed" by Hilary Cox.

Our first walk of the year was our regular visit to Sheringham Park followed as usual by drinks at the Vernon Arms!

In June 32 members enjoyed the first Barbecue since before Covid. The July walk was a circular tour of Gimingham pointing out historic places of interest.

Our September speaker cancelled due to Covid but sent a replacement Rob Knee who proved a great hit with members with his talk on the Paston Family in full costume! Gemma Walker from The Norfolk Wildlife Trust visited in October and reminded us of the history of commons with special mention of our own Southrepps Common.

HISTORY HUB

The Southrepps Archive previously mentioned has now been turned into the Southrepps History Hub and will be open on the 2nd Thursday of each month between 2 – 4pm at



the Village Hall. The first opening on 13th October attracted several visitors and brought the archive some new material such as an accounts book from Southrepps Forge from 1931 – 1943 with lots of interesting entries. There is a wide range of material available to browse.

NEXT MEETING

The next Society meeting will be on 24th November when Alison Smyth will be talking about "The Chalk streams of Norfolk." In January Rory Stephens will be telling us about "Some Myths of the Great War."

Visitors are always welcome to meetings or the History Hub. There are posters in the shop, PO and Lower Street notice board in Warren Road as well as the Village website.

For any information on the Society or the

Village Hub, phone the secretary on 01263 834242.





Just a few weeks ago, we saw the very sad death of Her Majesty Queen Elizabeth II which touched monarchists and republicans alike given her selfless duty, decency and unifying presence. Our thoughts continue to be with King Charles III and the Royal Family.













What have we been doing? The Audit and Accounts came round again and we completed these in a timely manner and they have now been signed off. We continue to manage the assets and maintain them to the best of our ability and funding available.

20mph ZONE THROUGH VILLAGE

Highways are still working on the 20mph zone for the High Street and surrounding area. We completely understand people's frustration on this matter. The delay has been to a number of residents objecting to this initiative and therefore additional costs have been incurred with its design.

Patience, patience and more patience!!

PLAY AREA AND RECREATION GROUND

The S106 Agreement – the amount allocated from the Long Lane Flagship development - £25,674.19 to the Parish Council was specified to be used for provision of allotments and recreation area.

A detailed funding application was submitted and finally approved by NNDC and the funds released to the Parish Council. This income is being spent to increase the number of allotments and provide external adult gym equipment. The hedges are all being cut back and fencing installed around the perimeter of the new allotments. We have already installed 3 new robust picnic tables. New large double swings will be installed and will be placed nearer to the large multi-play tower. A small springer piece of equipment will be installed within the toddler play area.

The Council is also reviewing the provision of water to the allotments and are investigating a way to do this.

We are aware of the ongoing issue with the perimeter fence which encloses the children's play area and the perimeter of the play equipment side of the recreation area.

We are now frequently repairing it. It maybe that in the longer term that this will be replaced.

GLASS BOTTLE BANK INCOME

The income derived from this source amounted to circa £658 less collection costs. Unfortunately, the income is reducing as people are putting their bottles in the green bin however, we urge everyone of you-please take your bottles to the local bottle bank. These funds are spent in your community and help to keep your Precept down. Please make the effort and put every glass jar/bottle into the banks and not in your own recycling bin. Take a walk and make the effort or multi-task when going out. These units are located at the playing field and opposite the school.

DIFFICULT TIMES

We acknowledge that some people are experiencing difficult times and we hope that the investment in our play area, outside gym and allotments will in some way help our community. It will hopefully give families and children somewhere to go which is open and exciting to use. If you have any other ideas or issues, please do let us know.

Extending this further the Parish Council will hopefully be able to keep their precept request in line with last years to help with the cost of living rises.

SAM2

We continue to monitor the traffic flows and speed of traffic with our SAM2 sign and are concerned that particularly in Upper Street vehicles are entering the 30 mph zone at speeds in excess of the current 30mph limit. The information from SAM is published on the Council's website.

FURTHER INFORMATION

The Council now has its separate website: https://southreppspc.wix.com which is linked to www.southrepps.info.

MEETING DATES

These will be published on the website for 2023.

These dates are yet to be confirmed as: January 25th, March 8th, April 5th,

May 17th, August 2nd, September 20th, December 6th.

SOUTHREPPS PARISH COUNCIL MEMBERS

Lesley Sparrow – Chair, Roger Swift – Vice Chair, Louise Marriner,

Chris Shaw, Graham McCabe, Louis de Soissons and Tish Peal

Location	Month	No of Vehicle s	Greater than 30 mph	Greater than 40 mph
Upper Street - Gables Avenual - Inbound	Apr-22	40,816	44%	15%
Upper Street - Gables Avenue - Outbound	Mar-22	43,898	42%	13%
Upper Street - Gimingham Road (Telephone exchange) - Inbound	Jun-22	26,019	34%	8%
Lower Street - Pit Street - Inbound	Jul-22	8,769	21%	4%
Lower Street - Bradfield X-Roads - Inbound	Mar-22	15,650	26%	7%

Poetry Corner

Autumn is here.

Swallows and nightingale have flown.

Days grow short and nights so long.

The morning mist hugs the ground.

Natures glorious colours all around.

Leaves silently falling.

Lay their carpet of golden brown.

The pattern changes with each gust of wind.

Autumn a season that stirs the poets and artist mind.

Words and pictures they try to find.

This season so beautiful.

Poem by: Johnnie Dalton

Cllr. Tim Adams

As we approach this winter, we are more acutely aware of the costs of living.

There are a number of organisations and statutory bodies who can help if you or someone that you know are struggling to meet bills this winter.

FOODBANK

Most well known is North Norfolk Foodbank, who besides provision of food are also able to issues credit for energy and gas if someone has hit a crisis.

North Norfolk District Council can help via their Early Help Hub, and can offer a range of other support and advice across the organisation. The Council also has a member of staff whose job it is to help residents and landlords access improvements in energy efficiency in homes across the District, particularly for households with an income lower than £30,000.

Norfolk County Council administer the Norfolk Assistance Scheme which exists to help residents in hardship or crisis pay for items and goods.

Southrepps is also a village served by local Charity, Cromer Cares, which helps households in around 20 villages surrounding the Town of Cromer. The Charity is helping a small number of households in Southrepps already and has been since the Covid pandemic. The Charity can offer more bespoke support to people in need of assistance due to various reasons, ranging from hardship, social care need, or perhaps trouble accessing medical appointments due to limited funds.

If I can be of any assistance with living costs issues, or connecting you to these sources of help mentioned, you are most welcome to get in contact with me using the details below.

20mph

On other issues in Southrepps, the County Council continues to progress the 20mph zone in the centre of the village. This has been beset by some delays due to both the level of public interest resulting in some comments which have to be carefully examined for any issues in this fairly arduous legal process, but more pressing is the chronic lack of resources that Norfolk County Council have in this area. Southrepps is not alone in this issue, but the plan is still to proceed on the basis that was previously advertised.

The Parish Council have decided to lobby our MP for assistance with Wellspring Road, to the East of the Village. This minor road has been closed for some years now due to the incredible damage caused by a badger sett, and the resulting delays in getting Natural England to help monitor and supervise the County Council in establishing if carrying out repairs is possible, and of course ensuring that no badgers are harmed.

The support the County Council has received has not been particularly forthcoming! However, I hope we can see an update on this fairly unique issue soon one way or another.

Cllr. Tim Adams

CONTACT Cllr. Tim Adams

Tel: 07789 625033

Email: tim.Adams@north-norfolk.gov.uk



SOUTHREPPS VILLAGE HALL

REGISTERED CHARITY NUMBER: 278536

David Pemberton - Chairman

2022 has been another great year for Southrepps Village Hall so far and we would like to thank everyone who has supported us through booking the hall or attending events. The Village Hall is an important community venue and it's great to see that it is being used on an almost daily basis by local charities, groups, and activities, some of which have returned to us this year, after a couple of years of absence due to the pandemic. All these groups not only support our community, but in consistently booking the hall, they help ensure the hall remains active and provide vital funding, so thank you.

We do, however, still have capacity to host more events, so please do remember us for your next occasion or celebration. Bookings can be made via our website, email, or Facebook.

HIRE RATES

Obviously, the cost of living for everyone is on the rise and it is a difficult time for many. The Village Hall is very much aware of this, and whilst not immune to financial constraints ourselves, have accordingly made the decision not to increase our hourly rates for hall hire. We have, however, for the first time in many years, had to make slight adjustments to our weekend hire rates, but we can assure you that our costs remain extremely competitive.

QUIZ NIGHT

In October we were extremely happy to have our first quiz night since early 2020. With a Halloween theme and some tasty soup, it was a very successful evening, raising more than £340 for the hall. We would like to thank everyone who attended,

as well as the entire team who worked hard to make it happen. Hopefully you had fun and will join us again for more quizzes in the future. Please keep an eye on our Facebook page and signage in the village for future dates.

JUBILEE PARTY

We had great fun in the Summer, playing a part in the village's Platinum Jubilee celebrations. Despite the damp weather, it was great to see everyone come together once again, and we look forward to joining in with any future village events. We are also delighted to now be hosting the Local History Hub, which is open to all on the second Thursday of each month. With a dedicated area in our meeting room, interesting artefacts and knowledgeable volunteers, please feel free to come along to learn more about your area. I would also recommend keeping an eye on our social media and bookings calendar to see what else is happening in the Village Hall and encourage you to get involved if you can.

VOLUNTEERS

With that in mind, we are always looking for more volunteers to get involved in helping to manage Southrepps Village Hall. The Management Committee is a friendly and easy-going bunch, who meet roughly once every six weeks to ensure the hall is cared for. If you are interested in offering your support, please contact our secretary via email for further information.

Finally, I hope you all have a very Merry Christmas and wish you all the best for the New Year

David

LAMS (Life and MS)

David Waddington

If you happen to be somewhere in the vicinity of Southrepps village hall on a Monday morning circa 9.30am to 10.00am you will see a hive of activity as cars and mini buses disembark their passengers all of them suffering from various degrees of Multiple Sclerosis. They are attending the LAMS (Life and MS) Day Centre, run by the North Norfolk MS Society (NNMSS). LAMS, has run every Monday, except for Bank holidays for over 18 years and was only closed when Covid 19 hit the UK in 2020. LAMS reopened in April this year, and play a very important role in the life of its clients. Not only providing social aspects and multiple activities for the clients, it offers a well-deserved respite one day a week for those carers looking after them, most are wheelchair bound and need special care.

Sue Wright and her loyal band of volunteers run the centre and are responsible for providing all the activities, counselling and other services offered. They do a fantastic job, without them LAMS would not exist. Speaking to the clients you get to understand just how important LAMS is in the life of its members. 'Getting out of the same four walls one day a week is a lifesaver, even the bumpy ride in the mini buses getting there is a relief from a mundane day ', says Quentin, a long-standing client.

The NNMSS runs a small fleet of 3 mini buses and a single wheel chair vehicle for the benefit of clients, who for whatever reason cant make into the centre under their own endeavours. This is the transport division, again run by a small team of dedicated volunteers. They take four routes to pick up clients, throughout the area, extending out as far as Colkirk/Fakenham and Horstead in the opposite direction.

VOLUNTEERS & DRIVERS

This essential service that LAMS provide can only continue if we have the necessary volunteers, of which we need more urgently. If you can spend a couple of hours on a Monday helping out at the day centre, call Sue on 01263 512689. The same goes for the transport side, we urgently need more drivers and passenger assistants, so if you have a clean driving license contact myself John Waddington on 07778195430.

If you are reading this and are a MS sufferer why not contact Sue to learn more about LAMS and what it can offer.

Sue - 01263 512689 John - 07778 195430





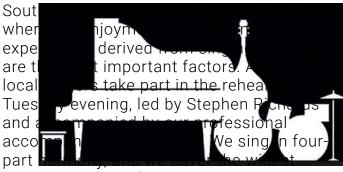






SOUTHREPPS CHORALE

Musical Director: Stephen Richards



possible variety of musical styles and repertoire from the 16th century to the present day. We sing madrigals, classical, jazz and pop, music for church, the concert platform and the musical stage.

We maintain a close relationship with the beautiful church of St. James Southrepps and perform as a choir in some key village events such as the commemoration service for the late Queen Elizabeth II, and on Remembrance Sunday and at the annual Carol Service, this year on

Wednesday 21st December at 6.30pm.

Southrepps has a thriving annual summer music festival, and the Chorale presents a concert each year, contributing to the otherwise professional programme given by exciting musicians of international standing.

We have a few vacancies for new members particularly in the soprano, tenor assections. Previous choral singing and music reading are not required. The most important attributes are a pleasant singing voice, some inbuilt awareness of rhythm (for example you might enjoy dancing), and the desire to learn to develop

Contact: Stephen Richards (Musical Director)

01263 834411 | 07790 774405 Email: info@southreppschorale.org.uk

www.southreppschorale.org.uk



Accompanist: Cathy Al-Bay

new skills. If you are interested in joining please get in touch with Stephen.

Rehearsals take place on Tuesday evenings from 7.30pm to 9.15pm in Southrepps Village Hall.
Subscription fees are £40 per term.

The Chorale is run on a not-for-profit basis by its membership through an elected Chair and Committee.



Concerts 2022-2023

- 'Winter Concert' Saturday 10th December at 7.30pm, Trunch Church
- 'Carol Service' Wednesday 21st December at 6.30pm, St. James Church, Southrepps
- ' 'Come & Sing' John Rutter's Requiem (open to all) Saturday 10th May 2023 at the Lighthouse, Sheringham_____
- 'Summer Concert' featuring The Peacemakers by Karl Jenkins on Saturday 22nd July 2023 at 7.30pm, St. Peters Church, Sheringham
- 'Festival Concert' on Wednesday 9th August 2023.

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Sunday 5 December: 10:00am - 4:00pm.

Christmas Craft Fair - Southrepps Village Hall

Saturday 10 December: 7:00pm - 11:00pm.

Christmas Party - Southrepps Village Hall

Wednesday 21 December: approx 4:45pm - 6:00pm.

Santa's Christmas ride through Upper Southrepps.

Wednesday 21 December - 6:30pm.

Carol Service with Southrepps Chorale - St James Church

Thursday 22 December: approx 5:00pm - 6:30pm.

Santa's Christmas ride through Lower Southrepps.

Friday 23 December:

Santa's Christmas Carols around the Trees

Lower Street - 5:30pm then The Vernon Arms.6:15pm

Christmas Eve 24 December - 4:00pm.

Children's 'Crib' Service – Christmas Eve at 4pm. Cash collection for donation to the Children's Society.

Christmas Day 25 December - 9.30pm.

Christmas Day Service with Holy Communion at 9.30am. Reading





Reserve your ticket and pay on the door. Not reserved on the night not to worry.

Ticket = £7.50 per person

Bring your own booze and food/nibbles

Christmas Raffle

Fancy dress optional but encouraged

News from St James

Revd Siân Reading

'Not quite what I was expecting.' I think that best sums up my reflections as I fast approach the 3rd anniversary of my becoming the Rector of the Poppyland Benefice in November 2019. Looking back it's been quite a turmoil. Less than four months after I started, we were plunged into the first lockdown and the time I suspect most of us never thought we would see in our lifetimes; unable to

And then when it all began to ease slightly, the never-ending rule changes ~ 2 metre distancing, one-way systems, the rule of 6, scotch eggs as a substantial meal, face masks everywhere, tiers (or was that tears) before bedtime or at least Christmas, no singing allowed in Church, and my personal favourite after months and months of no singing permitted, for anyone still clinging to the notion that any of this made any sense at all, the rules were once more changed so that you had to wear a face mask in Church unless you were singing!

Then there were the even sadder experiences, those who had to say goodbye to loved ones with hardly any support from friends or family allowed (who can forget the Queen sitting alone at Prince Philips funeral), the countless weddings cancelled, rearranged only to be cancelled again or to go ahead with 30 people present, or a week later 15 only, or just 6 depending on when they happened. Then just when all of that finally seems to be behind us we have this year had the ongoing invasion and war in Ukraine, the energy crisis, cost of living crisis, three Prime ministers, the

Christmas services 2022 in St. James, Southrepps

Carol Service with Southrepps Chorale – Wednesday 21st December at 6.30pm

Children's 'Crib' Service - Christmas Eve at 4pm. Cash collection for donation to the Children's Society.

Christmas Day Service with Holy Communion at 9.30am.



wonderful Platinum Jubilee celebrations and of course just three months later having to say a sad goodbye to our much loved and respected Queen. Yes, quite an unexpected three years. Talk about "the changes and chances of this fleeting world".

Yet through all of this unexpected, in some cases predicted turmoil, we have one constant ~ God. The God who loves us so much that around 2000 years ago He sent His Son Jesus to be born among us and live with us so that we might know Him and trust Him and put our lives in His hands. No matter how much we may mess things up, no matter how much world leaders may make decisions that make us despair, no matter how much our best laid plans may be upended, God is there just longing for us to reach out to Him and trust Him to show us the better way forward. To give us the reassurance, and hope that says we are not alone and we don't have to struggle alone if we invite Him into our lives and trust in His promises he will always be there with us.

With every blessing

Siân

Revd Siân Reading, Rector of Poppyland Benefice

Contact: 01263 833790

Email: poppyland.rector@gmail.com



Royal British Legion: WE NEED YOU!

Many of you will have noticed that there was no local house to house poppy collection again this year. Due to continuing covid concerns, but also to worrying personal security issues, particularly in urban areas, this will be discontinued. Boxes and card machines will be available variously, and the Legion hope that you will continue with your valued, and much needed support.

A short Armistice Day service was held at St James' War Memorial on 11 November, followed by wreath laying at Signal Corner and the Sgt Mire tree.

The Remembrance Sunday Service was held in church on 13 November. Names were read, wreaths laid, and the service was conducted again by Canon Malcolm France.. Stewart Lowe, who has played his cornet for us for 55 years, has sadly indicated that he may have to call it a day. We send a warm note of appreciation for an outstanding contribution.

A Tribute Cross to "Southrepps Boys" was once more placed in the Westminster Abbey Field of Remembrance.

The local Branch held its AGM at the end of October. It has 16 (mostly ageing) members with just 8 or 9 active enough to attend. The Branch welcomes new members and hopes to recruit during the year.







So... is a support group charity to support those living with early onset dementia and their carer partners.

Firstly, I would like to thank everybody that has supported us through our first year, whether it's been coming to any of our craft fairs or coffee mornings, giving us donations for raffle prizes or volunteering in the support group.

The support group has now been running for just over a year and is going from strength to strength. At the first meeting we held we had twelve people in the group and the group membership is now coming up to thirty. The idea behind the group is for people to sit down and talk and try to help each other with our dayto-day living with dementia. When the group first started we were holding meetings once a fortnight, but now due to the growing need the group is being held every Tuesday morning. We don't only seek advice and help from ourselves but we also have visitors coming to us from the Alzheimer's Society, nurses from the memory clinic and nurses from the Norfolk and Norwich hospital too.

Due to the success of the group I have now become involved in helping the dementia team at the Norfolk and Norwich University Hospital. They have asked for my help in looking at the procedures they have in place for patients that are living with dementia and also helping to teach the nurses that are in training, how people living with dementia behave and problems they can come across. I am also now involved with a patient participation group with the Norwich and North Norfolk HealthTrust based at the Sophie centre at the Julian Hospital and this is to do with trying to reduce the times it takes for people to be diagnosed with dementia. To me this is very important because the earlier somebody is

diagnosed with dementia and the earlier they can be prescribed the proper medication, then the onset of the disease can be slowed down quite significantly.

Finally I would like to say thank you to the volunteers at the support group without whom none of this will be possible. A special thank you to Richard Batson who kindly first managed to get the attention of the EDP, which led to the group forming and finally my long-suffering wife Lorraine who has to put up with me and my dementia.

If anyone would like any further information about any of the above, please get in touch by either email dirckgeary@sodotdotdot.org.uk or phone 01263 833397.



More Paws

Well, my lovely friends and suppawters, my time has come and I have crossed The Rainbow Bridge to join all my lovely friends who passed before We can all play free once more. Free from old age,

I had the best life arriving as a wee puppy in Southrepps. So small I could hide under the sofa. I was a bit cheeky to start with, but really enjoyed my puppy classes in Worsted, although I was bullied a little by a bigger dog. I progressed really well. Mum and Dad socialising me around the village and in the Vernon. My lovely friend JFK introduced me to beer and I soon learnt that if he saw me, he would always have a treat for me. From early on, I had trips out in the car to get me used to it and I loved it - great place for a snooze on the way and the way back.

I went to agility at Animal Magic, not brilliant at it but my joy of joys was FlyBall. I could have played that every day.

When Mum and Dad went away, I spent time with my friend Jill running free and following Jill's Dad Ernie everywhere. When Jill's Mum and Dad went away, Jill came to stay with me and we had such fun playing.

When Ella arrived in the village, we also became bestest friends. We walked for miles, went to the Vernon for crisps while Mum and Den had their G&T Monday afternoons. My Dad was poorly so this was Mum time with her friend.

As I got older, I became slower and couldn't manage the stairs. Mum made steps for my sofa in the snug so I could still cosy down there. I went to sleep here with Mum and Dad holding me.

My time had come, but I will never forget all the friends I made and their hoomans. For all the treats they would give to me and my friends. I apologise to Andy for disturbing the pheasants that time, I only wanted to make friends!

Anyway "The time has come the Walrus said". I hope you have enjoyed my "More paws" over the years and I hope that one of my friends will take my page over.

















David Ga<u>llop</u>

WINTER SEASON

The club not only meets during the summer months. In order for members to continue their friendships members can meet every other Monday to enjoy games afternoons including table tennis, darts and traditional board games etc. Villagers are very welcome to join us and partake in light refreshments. These sessions are planned to commence on Monday 14th November this year due to work on the club.

A SUCCESSFUL 2022 SEASON

Bowls Leagues. Southrepps Bowls Club enjoyed a very successful 2022 Season. The club were runners up in the North Norfolk mixed afternoon league and were well placed both in the NANSA afternoon league and pairs evening leagues. Not all our members bowl in leagues and many enjoyed a lovely summer of "roll-ups" on Tuesday, Sunday afternoons and Friday evenings. These sessions are well attended and are a fun way of exercising while enjoying friendly banter. We are looking to welcome NEW

MEMBERS this year, so this could be an opportunity to take up a new pastime. It can be seen as a game for the older generation, but many clubs have younger members as it is a skill that can be developed regardless of age or ability.

COACHING

We are lucky to have a qualified bowls coach who can help you to develop your skills to enable you to enhance your game and your enjoyment of the game. We would love to show you around the club prior to meeting the members and trying your hand at this great pastime.

FUN DAY

We will look to hold a fun day early in the new season which is a great introduction to outdoor bowls

Contact us for more information.

HISTORY

The club has been running in Southrepps for approximately 90 years, having started its life in a building almost opposite the Vernon Arms and then relocated to the end of the playing field at the bottom of the lane beside the Village Hall. At times the club has had over 80 members. Historically a large proportion of the members lived in Southrepps. These days many of the members live in the surrounding villages, but there are still those who live in the village of Southrepps. The club is very keen to welcome new members from the village as well as surrounding villages.

Supported By The



Sustainable Communities Fund











We were fortunate enough to receive a grant from NNDC (North Norfolk Sustainable Communities Grant) to upgrade our paths and steps to make the club accessible for all. Work has begun this October and despite a few weather hold ups is progressing well. This will make a great difference to the community facilities.

CONTACT Dave Gollop 01263 833657

Email: djg3mail@gmail.com.



Southrepps Football Club

So with a stuttering start to the season due to fixture release, we're currently sitting 2nd in div 3 of the central Norfolk and Norwich leagues. After getting promoted last season the team goes from strength to strength. With a mixture of young and old players the team gels well. Our thanks goes to the support and sponsorship of the local businesses that are involved with the club.

Our annual Christmas raffle will be held on the 3rd of December at the Vernon arms, 7.30 start, so if you haven't got your raffle tickets yet you can purchase them from the Vernon, the village shop or a committee member or player.

www.facebook.com/SouthreppsFootball www.southrepps.info/football-club

CONTACT Roger Swift

Tel: 01263 833119



RAFFLE TICKETS

Please support your local football club! You can buy your tickets from the Vernon Arms, Roger Swift, Graham McCabe, Shelley, Studdy, Matt or any of the Southrepps FC players



Southrepps Football Club Wishes to thank our sponsors















Remembering your Faithful Friend this Christmas

Christmas may be a time to remember family and friends - but Dogs Trust Snetterton is also asking local dog owners to remember their four-legged friends this festive time, with a Canine Care Card.

The Canine Care Card is a free service, which helps to ensure your dog's future, in the event of you either passing away, receiving a life-changing diagnosis or moving into a care home. This can often be a great concern to some people, who perhaps do not have a family member or friend in a position to look after their dog, should the worst happen. Therefore, by signing up to the service, Dogs Trust can offer peace of mind, reassuring you that your faithful friend will be well cared for by the charity.

If you would like further information about the Canine Care Card, or to request a paper application form, please contact Dogs Trust Snetterton's Supporter Relations Officer, Paige Pope, at paige.pope@dogstrust.org.uk or phone 01953



Canine For Cared

If I pass away.
If I receive a life-changing diagnosis.
If I move to a care home.

Feel reassured with our FREE Canine Care Card service

Registered charity numbers: 227523 & SC037843

Call Paige on 01953 497912 or email paige.pope@dogstrust.org.uk for more information



Acupuncture, Acupressure Bach Flower Remedies

Tel: 01263 833814 Mobile: 07549 928472

Email: cath@catherineesworthy.co.uk www.catherineesworthy.co.uk

Cromer • Holt • Southrepps

SouthreppsCommons

Duncan Westlake

Since the previous edition of the Mardler, there have been a further 14 working parties on the Common, as well as numerous other, smaller pieces of work carried out on behalf of Norfolk Wildlife Trust by local volunteers. In 2021 39 of us collectively gave 713 hours of our time to the cause, and already this year those figures are 521 hours from 34 of us, with our busiest period just beginning. It's great that we have been joined by several newcomers; each and every one is valuable, and what is very important is that we all enjoy the work and the socialising that goes with it.



The work we do is directed by Norfolk Wildlife Trust, following the strict requirements laid down by Natural England. These set out what areas should be managed, and when; particularly regarding the main common, which is a legally protected Site of Special Scientific Interest. This can lead to some challenges, as in some cases there are quite tight timescales in which to carry out the work. For example, the species-rich grassy section on the Warren Road side of Fox's Beck has to be cut and preferably cleared by the end of September – but not before the end of the bird nesting season.

Fortunately, we only have to do half of the

whole area each year, as delineated by the boardwalk; this time it was the turn of the section furthest from Lower Street.

Mowing at The Pit by Duncan Westlake Nonetheless, it's a major task in weather that is often still rather warm for such physical exertion.

Another of the five commons given a lot of attention is The Pit. The recent hot and dry summers have caused it to completely dry out, exposing to view the full awful extent of the pernicious New Zealand Pygmyweed (Crassula Helmsii). This wretched plant used to be sold by garden centres as an oxygenator, but it has escaped from garden ponds and spread promiscuously through water courses the length and breadth of Britain, choking other plants and their associated animal communities wherever it settles. With no natural predators so far from home it is extremely hard to control but NWT is trying. The role of the volunteers is to mow the grass, nurture wildflower plots, manage the scrub, and where possible to keep the encroaching reeds under control.

Much of our work is done in the autumn and winter, but a regular summertime activity is the jungle expedition to seek out and remove another harmful invader – Himalayan Balsam. This is another insurgent garden escapee and although it has attractive flowers, it also spreads along watercourses (such as Fox's Beck) and overwhelms the surrounding damp areas. It out-competes indigenous vegetation and leads to erosion of the soil. Its seeds burst forth at the slightest touch, and if they reach moving water the plant achieves its objective of infecting somewhere else downstream.



Hunting Himalayan Balsam by Julie Swift

And what's the point of all that effort? A wonderfully diverse community of plants, many rare, in a range of different ecosystems, supporting many animals too. A well-maintained fen, busy sequestering carbon and acting as a giant sponge, helping to prevent flooding locally. The knowledge that we're doing something good for nature; which now, more than ever, is so vital. Exercise with a lot of fun and friendship for many residents of Southrepps and a bit beyond.

Although turning out on a cold or drizzly Sunday morning can sometimes lack appeal, I think most of us would agree that it's generally a pleasure; and it's often in glorious weather anyway. Knowing that what we do is valuable and appreciated by the community, whilst also having a lot of fun and forming friendships, makes it a pleasure to be part of it. The half-time tea break is always a high point, giving everyone a chance to catch up with each other's news. More volunteers are always welcome!

For much more detail on our activities, our blog at https://southreppscommonsvolunteers.blogspot.com provides a lighthearted and well-illustrated





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Group

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Group St James Church Rector 833790 Steve Richards - Church Warden 834411 Parish Council Elaine Pugh - Clerk to the Council 01692 402998 Southrepps Chorale Steve Richards 834411 01263 833657 **Bowls Club** David Gallop 07850463387 Football Club Roger Swift - Secretary 833118 Village Hall Shelley 07920 583773 Horticultural Show 834242 Carol Needham Tree Society Colin Browne - Chairman 833028 Jackie Ferguson - Secretary 833260 Commons Trust 833001 John Houlgate 200 Club **Denise Walters** 834535 Southrepps Society Marion Hilson - President 833327 Carol Needham - Secretary 834242 British Legion Malcolm Hilson - Secretary 833327 Mardler Editor Shelley 07920 583773

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